



# Daily Schedule



Monday 3rd June	Tuesday 4th June	Wednesday 5th June	Thursday 6th June	Friday 7th June	Saturday 8th June
	6:45AM Breakfast	6:45AM Breakfast	6:45AM Breakfast	6:45AM Breakfast	7:30AM Breakfast
	7:45AM	7:45AM	7:45AM	7:45AM	8:30AM
	8AM Welcome briefing				Delegations departure
	9AM	9:30AM Athletes and coaches brunch	9:30AM Athletes and coaches brunch	10AM Closing briefing	
9AM Organizers welcome	9:30AM Swimming training and course visit	10:30AM	10:30AM	11AM	
11AM					
Delegations welcome	11:30AM	11:30AM Organizers lunch	11:30AM Organizers lunch	11:25AM	12PM
		12PM	12PM	Lunch	Organizers departure
				12:15PM	
	2PM Swimming training and course visit	2PM Individual triathlons	2PM Relay triathlons	1PM Cultural visit of La Cité de Carcassonne	
	5PM	4PM	4PM	5PM	
	5:30PM Wednesday race briefing	6PM Thursday race briefing			
7PM Opening ceremony	6:30PM Delegations' heads toast	6:30PM Wine tasting moment	7PM Nations reception	6:30PM Closing ceremony	
	7:15PM Dinner	7PM Foundation reception			
	7:30PM	7:30PM			
	9PM	7:15PM Dinner			
		9PM			
10PM		11PM	11PM	10PM	



**WORLD SCHOOLS TRIATHLON**  
ISF WORLD SCHOOLS CHAMPIONSHIP AUDE 2019

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Monday 3rd June	Where ?	Who ?	Make sure you have	Details
9AM				
Organizers welcome	"Exposition" room	Organizers	Smile and motivation	The different members of the organization will be welcomed by the head of the L.O.C
11:30AM				
11AM				
Delegations welcome	"Exposition" room	All delegations members	Official documents, payments	All delegation's members including athletes will be welcomed by the L.O.C and all the organizers
5PM				
7PM				
Opening ceremony	Meeting point : in front of the boarding school at 6:30PM	Everyone	Your country flag and your official country dress	We will meet in front of the boarding school to then take the bus to the swimming pool where the parade starts. The parade goes to the Halle aux Grains where the ceremony starts.
10PM				

## Daily Schedule

Tuesday 4th June	Where ?	Who ?	Make sure you have	Details
6:45AM				
Breakfast	School canteen	Everyone	Badge or bracelet	Hours are strict, last entry at 7AM
7:45AM				
8AM				
Welcome briefing	Amphitheater	Delegations' heads, coaches and L.O.C	Stay focus	Tuesday schedule will be explained to you
9AM				
9:30AM				
Swimming training and course visit				
11:30AM				
11:30AM				
Lunch	School canteen	Everyone	Badge or bracelet	Hours are strict, last entry at 12:45PM
1:20PM				
2PM				
Swimming training and course visit				
5PM				
5:30PM				
Wednesday race briefing	Amphitheater	Everyone	Stay focus	The Wednesday races will be explained to you
6:30PM				
6:30PM				
Delegations' heads toast	Departure together from the amphitheater	Delegations' heads and head of the L.O.C		A convivial and non-official moment at the Canal du Midi Guest House
7:30PM				
7:15PM				
Dinner	School canteen	Everyone	Badge or bracelet	Hours are strict, last entry at 7:30PM
9PM				



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Wednesday 5th June		Where ?	Who ?	Make sure you have	Details
6:45AM					
Breakfast	School canteen	Everyone		Badge or bracelet	Hours are strict, last entry at 7AM
7:45AM					
9:30AM					
Athletes and coaches brunch	School canteen	Athletes and coaches		Badge or bracelet	
10:30AM					
11:30AM					
Organizers lunch	Canal du Midi Guest House	Sport Organizers			
	School Canteen	Rest of organizers		Badge or bracelet	Hours are strict, last entry at 11:45AM
12PM					
12PM					
Foreign legion and Cyclo Meeting	"Exposition" room	Foreign legion members, cyclo members and Sport Organizers			
12:15PM					
2PM					
Individual triathlons	Meeting point : at the high school gym at 11:45AM	Athletes, coaches and L.O.C		All your triathlon equipment, badges or bracelets, your country flag	
4PM					
6PM					
Thursday race briefing	Amphitheater	Delegations' heads, coaches and L.O.C		Stay focus	Thursday races will be explained to you
6:30PM					
6:30PM					
Wine tasting moment	Agricultural college Riquet	Coachs and L.O.C			You'll have the opportunity to taste some regional wines
7:30PM					
7PM					
Foundation reception	Meeting point : Hotel du Canal at 6:50PM	Delegations' heads and head of the L.O.C		Official gifts and smart dress code	Reception at Château des Cheminières, official speeches, international cassoulet society demonstration
11PM					
7:15PM					
Dinner	School canteen	Everyone except delegations' heads, guests and head of the L.O.C		Badge or bracelet	Hours are strict, last entry at 7:30PM
9PM					



# WORLD SCHOOLS TRIATHLON

ISF WORLD SCHOOLS CHAMPIONSHIP AUDE 2019

## Daily Schedule



Thursday 6th June	Where ?	Who ?	Make sure you have	Details
6:45AM				
Breakfast	School canteen	Everyone	Badge or bracelet	Hours are strict, last entry at 7AM
7:45AM				
9:30AM				
Athletes and coaches brunch	School canteen	Athletes and coaches	Badge or bracelet	
10:30AM				
11:30AM				
Organizers lunch	Canal du Midi Guest House	Sport Organizers		
	School Canteen	Rest of organizers	Badge or bracelet	Hours are strict, last entry at 11:45AM
12PM				
12PM				
Foreign legion and Cyclo Meeting	"Exposition" room	Foreign legion members, cyclo members and Sport Organizers		
12:15PM				
2PM				
Relay triathlons	Meeting point : at the high school gym at 11:45AM	Athletes, coaches and L.O.C	All your triathlon equipment, badges or bracelets, your country flag	
4PM				
7PM				
Nations reception	School canteen	Everyone	Your country flag, country song, country dance, country dress, goodies, gifts and smile	Menu : Cassoulet, DJ and Speaker entertainment
11PM				



**WORLD SCHOOLS TRIATHLON**  
ISF WORLD SCHOOLS CHAMPIONSHIP AUDE 2019

## Daily Schedule



Friday 7th June	Where ?	Who ?	Make sure you have	Details
6:45AM				
Breakfast	School canteen	Everyone	Badge or bracelet	Hours are strict, last entry at 7AM
7:45AM				
10AM				
Closing briefing	Amphitheater	Delegations' heads, coaches and L.O.C	Stay focus	Friday schedule will be explained to you
11AM				
11:25AM				
Lunch	School canteen	Everyone	Badge or bracelet	Hours are strict, last entry at 11:30PM
12:15PM				
1PM				
Cultural visit of La Cité de Carcassonne	Meeting point : in front of the boarding school at 12PM	Everyone		Bus trip to Carcassonne then free visit of the medieval city and shopping
5PM				
6:30PM				
Closing ceremony	Meeting point : in front of the boarding school at 6:20PM	Everyone	Your country flag and your official country dress	Ceremony and dinner at Halle aux Grains
10PM				





**WORLD SCHOOLS TRIATHLON**  
ISF WORLD SCHOOLS CHAMPIONSHIP AUDE 2019

## Daily Schedule



Saturday 8th June	Where ?	Who ?	Make sure you have	Details
7:30AM				
Breakfast	School canteen	Everyone	Badge or bracelet	Hours are strict, last entry at 7:45AM
8:30AM				
9AM				
Departure formalities	"Exposition" room	Delegations' heads and coaches		
12PM				
8:30AM				
Delegations departure	Meeting in front of the boarding school depending on your schedule	All delegations members		You will do all the departure formalities in the "exposition" room then leave whenever you want to depending on your schedule
12PM				
12PM				
Organizers departure				

If you ever need information, the « Exposition » room will be open to all of you. A part of the staff will be on call in this room to help you find what you need.

 <b>WORLD SCHOOLS TRIATHLON</b> <small>ISF WORLD SCHOOLS CHAMPIONSHIP AÛTE 2019</small>		« Exposition » room schedule				
Monday 3rd June	Tuesday 4th June	Wednesday 5th June	Thursday 6th June	Friday 7th June	Saturday 8th June	
9AM	8:30AM	8:30AM	8:30AM	8:30AM	8:30AM	
All logistical commissions on call	All logistical commissions on call	All logistical commissions on call	All logistical commissions on call	All logistical commissions on call	All logistical commissions on call	
	11AM	11AM	11AM	11AM		
		12PM	Sport commission on call to welcome the foreign legion and the cyclos	12PM	Sport commission on call to welcome the foreign legion and the cyclos	12PM
		12:15PM		12:15PM		
		4:30PM	4:30PM	4:30PM		
	All logistical commissions on call	All logistical commissions on call	All logistical commissions on call			
5PM	5:30PM	5:30PM	5:30PM			