

ISF WORLD SCHOOLS TRIATHLON CASTELNAUDARY AUDE FRANCE FROM JUNE 3RD TO JUNE 8TH 2019



CASTELNAUDARY AUDE FRANCE 2019

Organisation Committee :

Stéphane ARIAS – MONTPELLIER UNSS Arnaud FRAÏSSE – AUDE DEPARTMENTAL BOARD

ISF

Abdularahman AL-MUFTAH – ISF Delegate

Technical Sports Delegates :

Vincent BANET Jean Christophe COMBES Cédric DÉANAZ Jérôme PARIS Ludovic SERRET

Main referee and young referees point of contact :

Hugues SCHILDKNECHT Graylen LONGUET

Communication :

Brieuc FRANCESCHI Alice TRIAC



THURSDAY, JUNE 6TH – RELAY RACE						
	RELAY					
OPENING OF THE TRANSITION ZONE	1:00 p.m.					
CLOSING OF THE TRANSITION ZONE	1:45 p.m.					
GATHERING TO THE ROLL CALL ZONE	1:45 p.m.					
GATHERING TO THE START AREA	1:55 p.m.					
RACE START	2:00 p.m.					
PROCEDURE	15' after the arrival of the last team					



TUESDAY, JUNE 4TH – 5:30 p.m./6:30 p.m.

All the members of a same team can come and get their number signs together, or one person from the team can come and get them, on condition that he or she can prove his or her identity.

This person must:

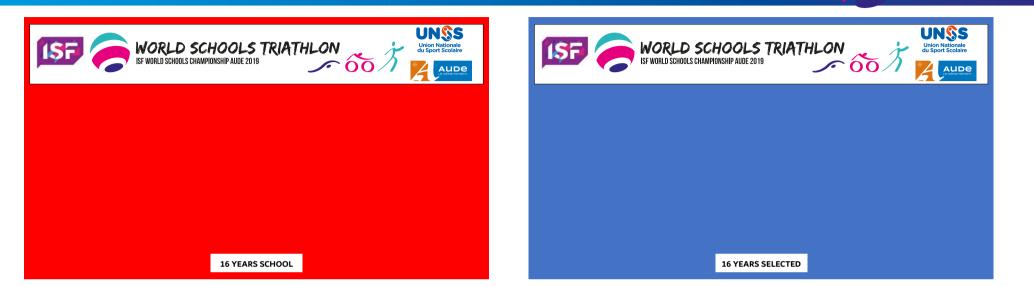
- give the names of all the team athletes,
- check that information about the athletes is accurate,
- sign to validate these names and information.

Showing team membership cards is not necessary, but contestants must be able to show their school membership cards if asked to do so.

For the relay race

The composition of a team must be given wednesday at the briefing, and can be changed one hour before the start, at the latest.

BIB COLORS





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Checking of the conformity of the equipment and race suits :

- Athletes walking into the transition zone must respect conformity : wearing their helmets tied on their heads, their idendification stickers, number signs must be tied with at least three ties.
- Teams must complete, and all athletes must be wearing the same conform team suit to be allowed to walk into the transition zone.
- Referees will be there and may check the athletes 15 minutes before races start.
- The association will mark the athletes who walk into the transition zone.
- Athletes must rack their bike at their attributed rack number.

For any technical information, please refer to the trial rules.

Two coaches, who must be easily and clearly identified by their annual and officials badges, per team, will be allowed to walk into the transition zone.

TRANSITION ZONE – RELAY RACE



Google Maps Castelnaudary





TEAM ZONE / LINE Athletes must put their race stuff behind the line. Penalty in case of non respect.

HANGING UP: Before the race starts, bikes must be hung up by the saddle.



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STARTING PROCEDURE – FIRST RELAY

1 – End of the warm-up T - 20'

2 – Athletes positioning in the roll call zone, by draw order T - 15'

3 – Athletes call by draw order and placement on the pontoon

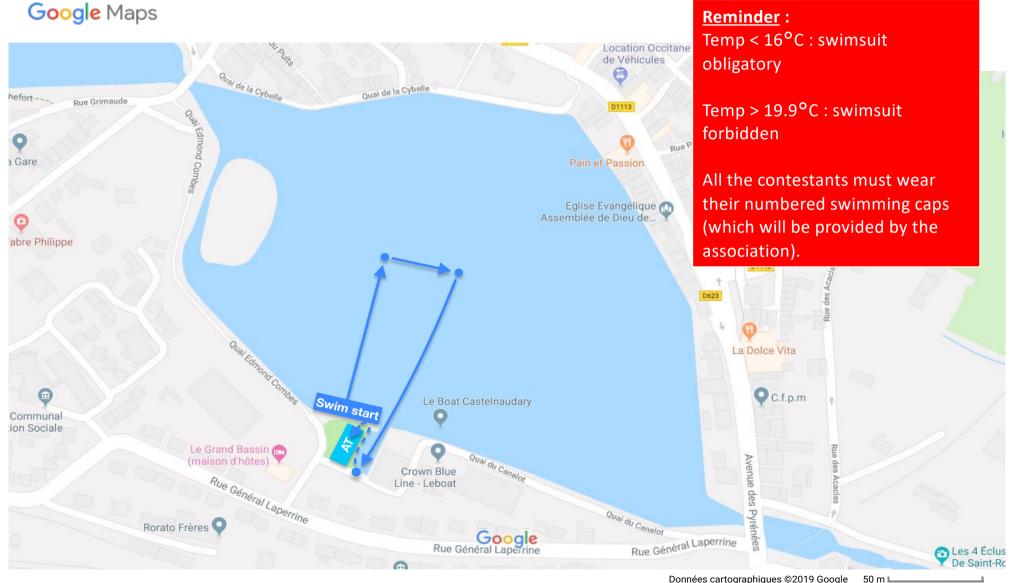
T – 5'

4 - Race start, indicated by starting pistol



RELAY START											
ORDER	1	2	3	4	5	6	7	8	9	10	
TEAM	Belarus 16 select	Andorra 16 select	France A 16 school	Friendly A	France B 18 school	Brasil 16 select	Chile B 18 select	Estonia 16 select	Germany 16 school	Spain 16 select	
ORDER	11	12	13	14	15	16	17	18	19	20	
TEAM	Chile C 18 select	France 16 select	Chile A 18 select	Chile 16 select	Hong-Kong A 16 select	Emirates 16 school	Chinese Tapei 16 select	France B 16 school	Hong- Kong 18 select	Friendly B	
ORDER	21	22	23	24	25	26	27	28	29		
TEAM	Chinise Tapei <i>18 select</i>	Ukraine 16 select	France A 18 school	Belarus 18 select	Brasil 18 select	Friendly C	Spain 18 select	Hong-Kong B 16 select	France 18 select		

SWIMMING – RELAY RACE ROUTE



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TRANSITION 1 SWIMMING > CYCLING



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DRAFTING IS ALLOWED

- Any crossing of the median line will result in an immediate disqualification.
- The bib must be perfectly visible (neither folded nor cut), in the lower back, fixed at least by 3 points of attachment.

Relay race: Members of a same team can exchange equipment, frame included, among themselves.

BIKE MOUNT / DISMOUNT

- MOUNT : the ride to the climbing line is done by hand, helmet attached, the climb is done after the climb line.
- DISMOUNT: drop down before the downhill line, the trip to the park is then bike in hand, helmet attached.

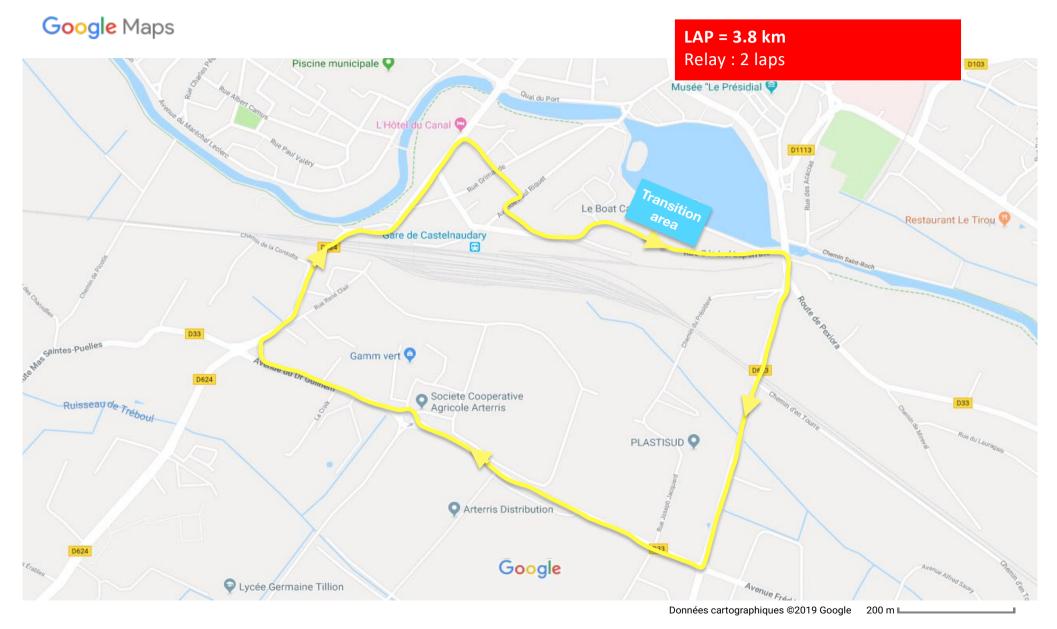
ASSISTANCE POINT

• Spare wheels must be placed in the corresponding zone (as indicated on the map of the cycling race route). These wheels must be showing the name of the corresponding team.

Delegations will hold the responsibility of transporting and picking the equipment up.

CYCLING RACE ROUTE





TRANSITION 2 CYCING > RUNNING

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TEAM ZONE / LINE

Athletes must put their race stuff behind the line. Penalty in case of non respect.

HANGING UP: Bikes can be hung up by the saddle or by the handlebar.

NB: There will be a penalty if the bike is lying on the ground.



- The number sign must be perfectly visible in the front. It musn't be folded, nor cut, and it must be tied by at least three ties.
- If the athlete is wearing a number sign belt, the belt mustn't be fastened under the waist line.
- Tri-function suit fastening can be open to the bottom of the breast bone maximum 200 meters before the finish line.

FINISH LINE

A contestant is considered to have finished the race as soon as a part of his or her upper body (head, shoulders, neck, arms and hips excluded) vertically passes the finish line.

EQUIPMENT PICKING UP

At the end of the race, after the arrival of the last contestant, the contestants or the coaches must pick up the race equipment and leave the transition zone.

RUNNING RACE – RELAY RACE ROUTE



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RELAY ORDER

- 1. Female 1
- 2. Male 1
- 3. Female 2
- 4. Male 2

CALLING ZONE - WAITING LINE

- Next athletes in each team must position themselves in the calling zone when the team mate before them start their relay.
- Next athletes in each team will be called in the waiting line in the order of arrival of the athletes in the running . Their chrono chip will be given at this moment.

RELAY

- The athletes must have a contact, in the relay zone, until that the next athlete must stay behind the ground line.
- After relay, athletes must bypass the cone at the end of the relay zone before diving into the water.

FOCUS RELAY ZONE



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Any foul that will be committed during start procedure, during start, inside the transition zone or on the cycling route and that will not correspond to a red card will be punished by a time penalty. This penalty will take place in the « PENALTY BOX ».

The PENALTY BOX zone will be identified by a signboard.

The athlete's number will be displayed on the white board situated before the penalty box zone (if the athlete has got several penalties, there will be a multiplying factor next to his or her number).

The triathlete must be aware of this piece of information and of the way this penalty will take place.

He or she must present himself or herself to the penaly box zone.

Time starts being counted at the very moment the athlete enters the zone.

Penalty : 10 seconds.



Coaching means escorting the athletes before, during and after the race. Therefore, the coach can only:

- Before the race:
 - get transponders back and get information related to the race.
 - make sure the connection is established between the athletes, the referent Technical Delegate and the Main Referee.
- During the race:
 - give information about the race (race incidents, penalties ...) to the athletes.
- After the race:
 - make sure the connection is established between the athletes, the referent Technical Delegate and the Main Referee.
 - fill a claim on behalf of the team, with respect of the deadlines and rules organised by the Sporting Regulations.

The coach will exclusively have access to:

- the transition zone,
- the material assistance zone,
- the final drink and food supplies zone.

Using electronical devices or voice amplifiers in order to communicate with the athletes is strictly forbidden.



Official ceremonies will take place within 15 minutes after the arrival of the last female contestant on the individual, and 15 minutes after the arrival of the last team on the relay.

Will be awarded:

• Relay : the three first teams, for each category.

No one will be allowed to get on the podium with the athletes.



STANDING ALONGSIDE THE TRANSITION AREA IS NOT ALLOWED DURING THE RACE. Please stand in the village, athlete's lounge, or alongside the race venues.

BAG ZONE :

- Only race stuff is allowed in transition area.
- During the races, your athletes' personnal belongings can be placed in a dedicated tent, that will be situated in the athlete's lounge.

The association hasn't hired anyone to look after these belongings.



Find any information about the race on the organiser's website: http://isf-wsc-triathlon.fr/

ISF WSC Triathlon facebook page: https://www.facebook.com/ISFWSCtriathlon/

ISF website: http://www.isfsports.org/

ISF twitter account: https://twitter.com/ISFsports



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