



WORLD SCHOOLS TRIATHLON

ISF WORLD SCHOOLS CHAMPIONSHIP
CASTELNAUDARY AUDE FRANCE 2019



CHAMPIONNAT DU MONDE SCOLAIRE DE TRIATHLON "ISF WORLD SCHOOLS CHAMPIONSHIP"

DU 03 AU 08 JUIN 2019
À CASTELNAUDARY



**ISF WORLD SCHOOLS TRIATHLON CASTELNAUDARY AUDE FRANCE
FROM JUNE 3RD TO JUNE 8TH 2019**



Organisation Committee :

Stéphane ARIAS – MONTPELLIER UNSS
Arnaud FRAÏSSE – AUDE DEPARTMENTAL BOARD

ISF

Abdulahman AL-MUFTAH – ISF Delegate

Technical Sports Delegates :

Vincent BANET
Jean Christophe COMBES
Cédric DÉANAZ
Jérôme PARIS
Ludovic SERRET

Main referee and young referees point of contact :

Hugues SCHILDKNECHT
Graylen LONGUET

Communication :

Brieuc FRANCESCHI
Alice TRIAC

SCHEDULE



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CASTELNAUDARY AUDE FRANCE 2019

WEDNESDAY, JUNE 5TH 2019 – INDIVIDUAL RACE		
	INDIVIDUAL MALES	INDIVIDUAL FEMALES
OPENNING OF THE TRANSITION ZONE	1:00 p.m.	
CLOSING OF THE TRANSITION ZONE	1.45 p.m.	
GATHERING TO THE ROLL CALL ZONE	1:45 p.m.	2:45 p.m.
GATHERING TO THE START AREA	1:55 p.m.	2:55 p.m.
RACE START	2:00 p.m.	3:00 pm.
PROCEDURE	15' after the arrival of the last female contestant	



TUESDAY, JUNE 4TH – 5:30 p.m./6:30 p.m.

All the members of a same team can come and get their number signs together, or one person from the team can come and get them, on condition that he or she can prove his or her identity.

This person must:

- give the names of all the team athletes,
- check that information about the athletes is accurate,
- sign to validate these names and information.

Showing team membership cards is not necessary, but contestants must be able to show their school membership cards if asked to do so.

For the relay race

The composition of a team must be given wednesday before the briefing, and can be changed one hour before the start, at the latest.

BIB COLORS



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ISF WORLD SCHOOLS CHAMPIONSHIP AUDE 2019

UNSS
Union Nationale
du Sport Scolaire

AUDE
L'ÉCOLE DU TRIATHLON

16 YEARS SCHOOL

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UNSS
Union Nationale
du Sport Scolaire

AUDE
L'ÉCOLE DU TRIATHLON

16 YEARS SELECTED

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UNSS
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AUDE
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18 YEARS SCHOOL

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AUDE
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18 YEARS SELECTED

ACCESS TO THE TRANSITION ZONE

REFEREEING INSTRUCTIONS



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Checking of the conformity of the equipment and race suits :

- Athletes walking into the transition zone must respect conformity : wearing their helmets tied on their heads, their number signs must be tied with at least three ties.
- Referees will be there and may check the athletes 15 minutes before races start.
- The association will mark the athletes who walk into the transition zone.
- Athletes must rack their bike at their attributed rack number.

For any technical information, please refer to the trial rules.

Two coaches, who must be easily and clearly identified by their annual and officials badges, per team, will be allowed to walk into the transition zone.

TRANSITION ZONE – INDIVIDUAL RACE



Google Maps Castelnauary



TRANSITION ZONE

TEAM ZONE

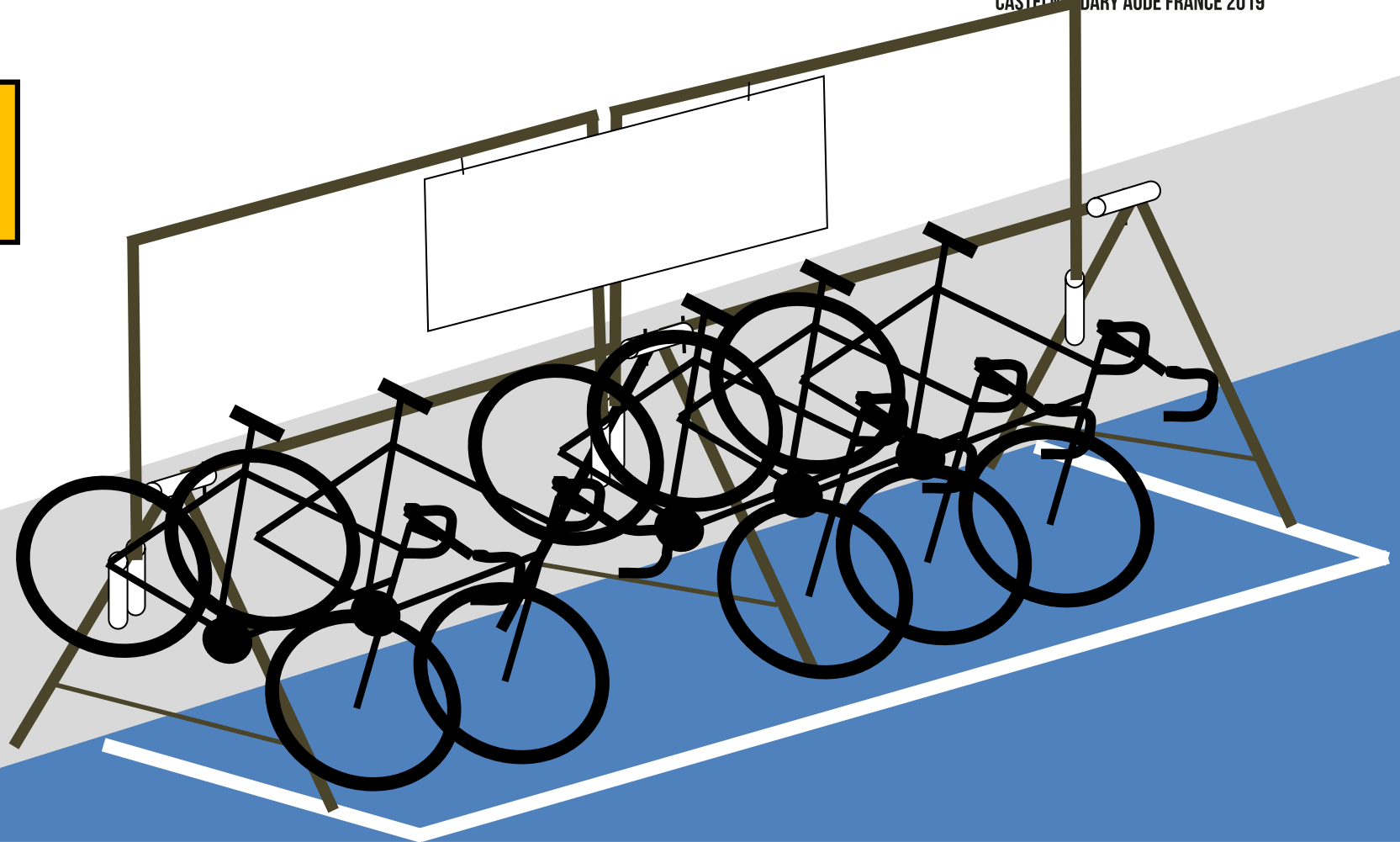


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CASTELMANDRY AUDE FRANCE 2019

HANGING UP:

Before the race starts,
bikes must be hung up by
the saddle.





STARTING PROCEDURE

1 – End of the warm-up
T – 20'

2 – Athletes positioning in the roll call zone, by draw order
T – 15'

3 – Athletes call by draw order and placement on the pontoon
T – 5'

4 – Race start, indicated by starting pistol

DRAW INDIVIDUAL RACE



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CASTELNAUDARY AUDE FRANCE 2019

INDIVIDUAL MEN

ORDER	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
NUM	402	434	374	54	212	132	34	14	204	144	282	224	424	22	292	274	194	154	244	52
ORDER	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
NUM	222	272	32	284	394	242	412	134	62	414	162	174	142	152	452	64	454	214	392	382
ORDER	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60
NUM	432	24	232	44	12	72	384	234	404	192	74	172	444	422	202	302	164	442	372	42

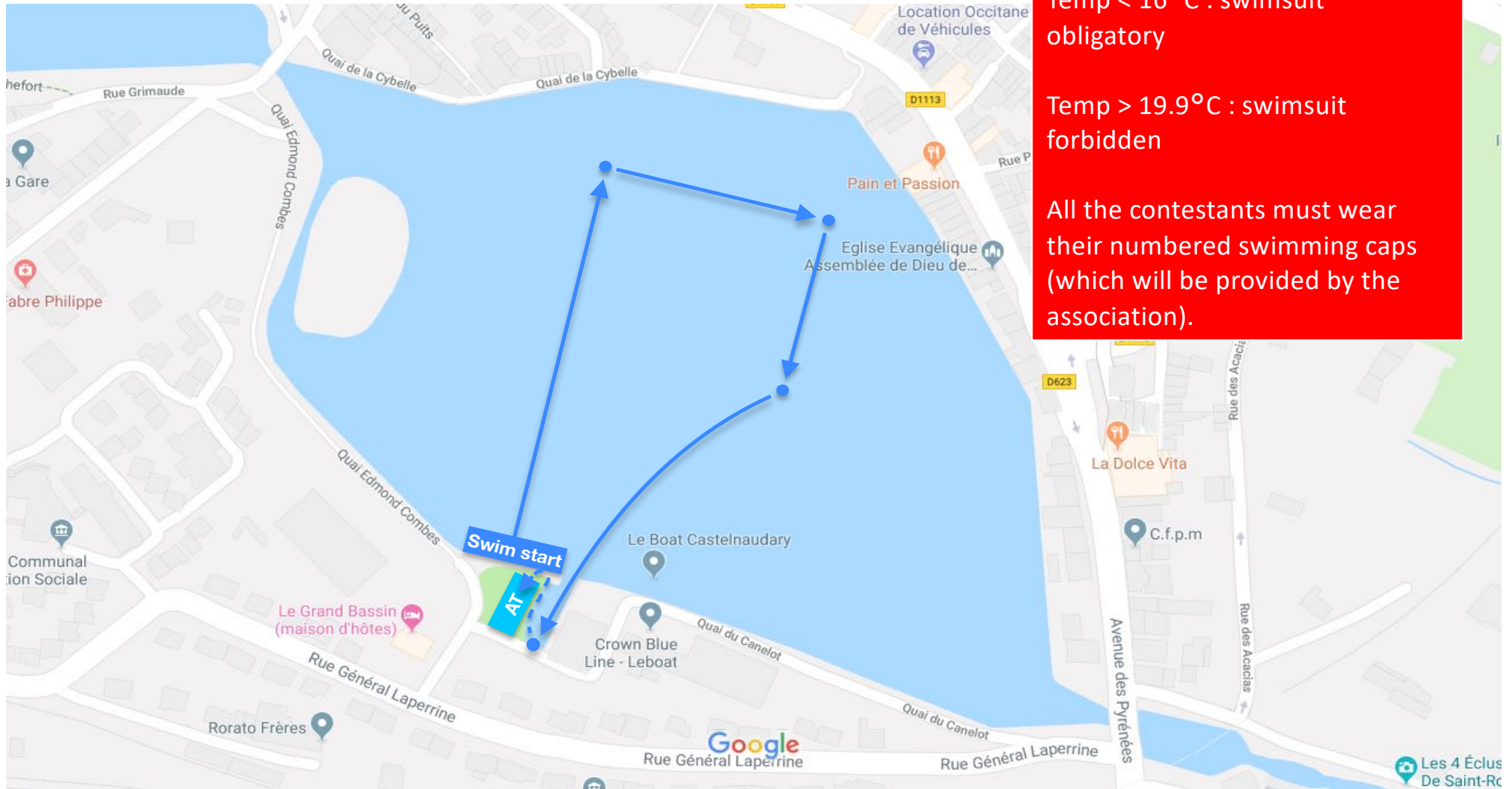
INDIVIDUAL WOMEN

ORDER	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
NUM	393	283	441	211	231	413	53	171	21	243	143	23	381	51	271	221	383	241	223	13
ORDER	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
NUM	443	81	191	181	163	33	193	91	61	423	411	141	201	151	281	421	63	451	213	153
ORDER	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58		
NUM	373	401	203	161	31	233	403	371	43	273	391	133	173	41	431	131	453	11		

SWIMMING RACE – INDIVIDUAL RACE ROUTE



Google Maps



Reminder :

Temp < 16°C : swimsuit obligatory

Temp > 19.9°C : swimsuit forbidden

All the contestants must wear their numbered swimming caps (which will be provided by the association).

TRANSITION 1

SWIMMING > CYCLING



Google Maps Castelnaudary



TRANSITION 1

RACE RULES



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BOX :

Athletes must put their swimming stuff in their transition box.
Penalty in case of non respect.



CYCLING RACE

RACE RULES



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DRAFTING IS ALLOWED

- The number sign must be perfectly visible (neither folded nor cut), in the lower back, fixed at least by 3 points of attachment.

BIKE MOUNT / DISMOUNT

- MOUNT : the ride to the climbing line is done by hand, helmet attached, the climb is done after the climb line.
- DISMOUNT: drop down before the downhill line, the trip to the park is then bike in hand, helmet attached.

ASSISTANCE POINT

- Spare wheels must be placed in the corresponding zone (as indicated on the map of the cycling race route). These wheels must be showing the name of the corresponding team.

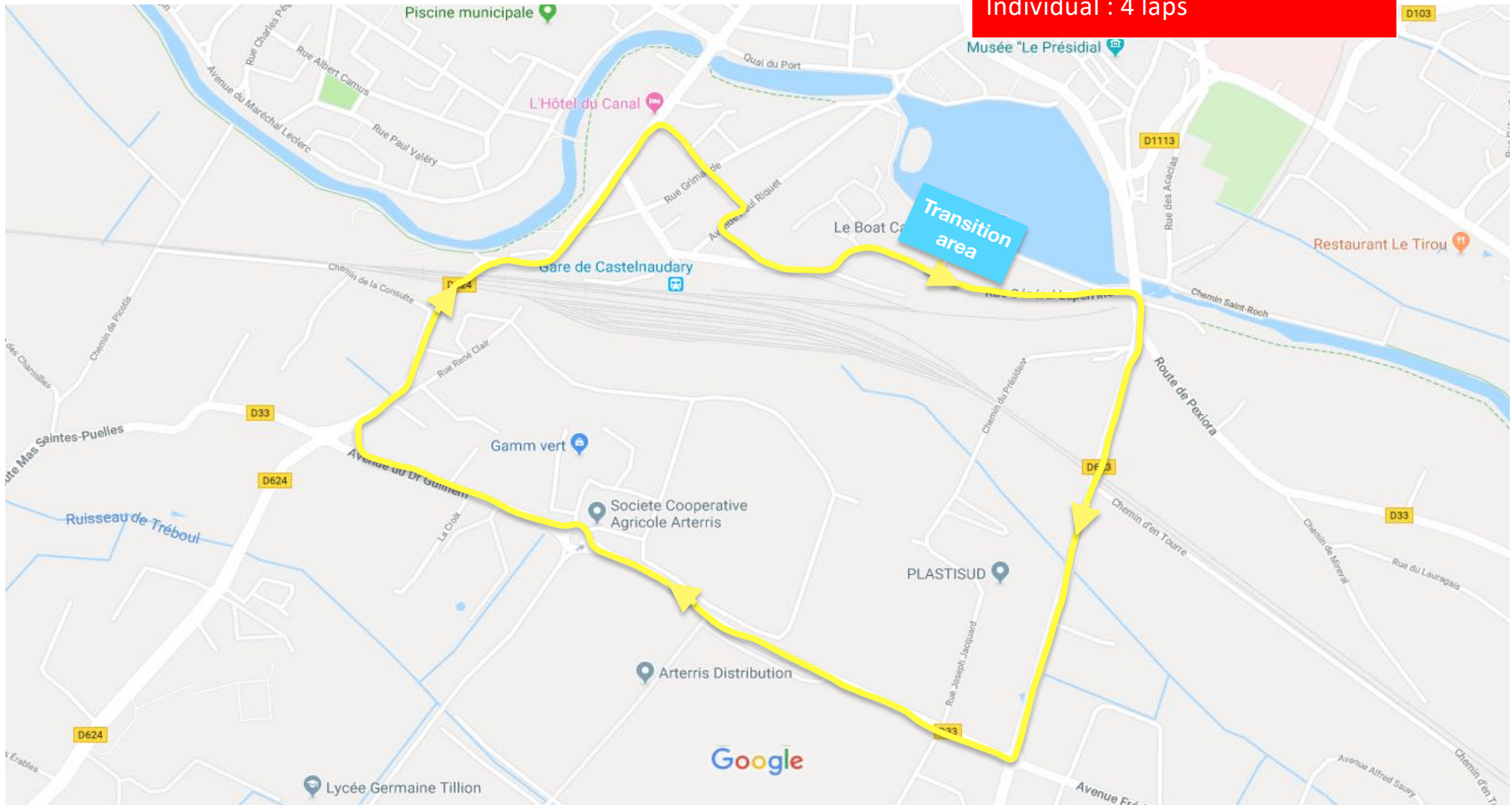
Delegations will hold the responsibility of transporting and picking the equipment up.

CYCLING RACE ROUTE



Google Maps

LAP = 3.8 km
Individual : 4 laps



Données cartographiques ©2019 Google 200 m

TRANSITION 2

CYCLING > RUNNING



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TRANSITION 2

CYCLING > RUNNING



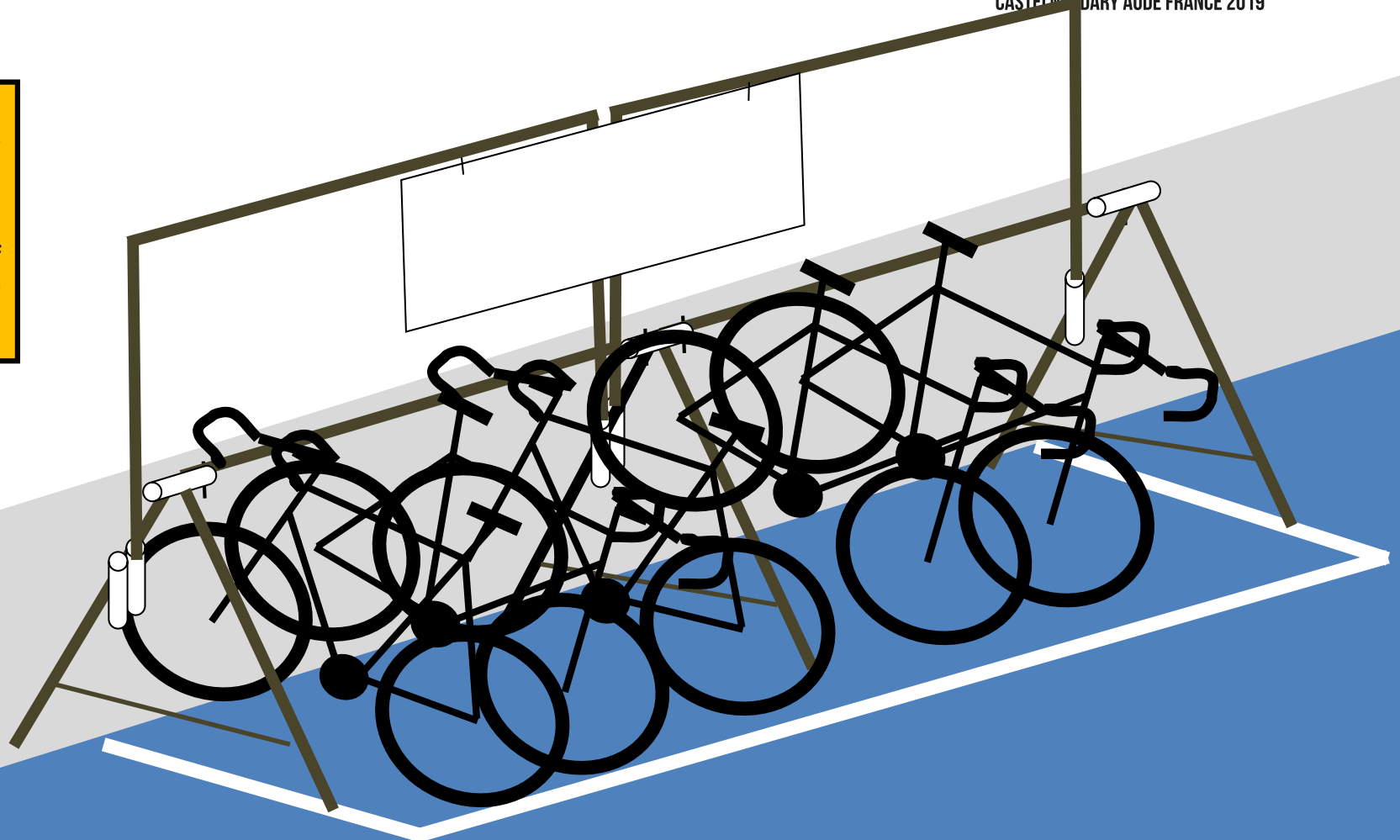
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HANGING UP:

Bikes can be hung up by the saddle or by the handlebar.

NB: There will be a penalty if the bike is lying on the ground.



TRANSITION 2

RACE RULES



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BOX :

Athletes must put their bike stuff
in their transition box.

Penalty in case of non respect.



RUNNING RACE

RACE RULES



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CASTELNAUDARY AUDE FRANCE 2019

- The number sign must be perfectly visible in the front. It mustn't be folded, nor cut, and it must be tied by at least three ties.
- If the athlete is wearing a number sign belt, the belt mustn't be fastened under the waist line.
- Tri-function suit fastening can be open to the bottom of the breast bone maximum 200 meters before the finish line.

INDIVIDUAL

- The passage for the second lap is done by the transition area.

FINISH LINE

- A contestant is considered to have finished the race as soon as a part of his or her upper body (head, shoulders, neck, arms and hips excluded) vertically passes the finish line.

EQUIPMENT PICKING UP

- At the end of the race, after the arrival of the last contestant, the contestants or the coaches must pick up the race equipment and leave the transition zone.

RUNNING RACE – INDIVIDUAL ROUTE



Google Maps

LAP = 2 km
Individual : 2 laps





Any foul that will be committed during start procedure, during start, inside the transition zone or on the cycling route and that will not correspond to a red card will be punished by a time penalty. This penalty will take place in the « PENALTY BOX ».

The PENALTY BOX zone will be identified by a signboard.

The athlete's number will be displayed on the white board situated before the penalty box zone (if the athlete has got several penalties, there will be a multiplying factor next to his or her number).

The triathlete must be aware of this piece of information and of the way this penalty will take place.

He or she must present himself or herself to the penalty box zone.

Time starts being counted at the very moment the athlete enters the zone.

Penalty : 10 seconds.



Coaching means escorting the athletes before, during and after the race. Therefore, the coach can only:

- **Before the race:**
 - get transponders back and get information related to the race.
 - make sure the connection is established between the athletes, the referent Technical Delegate and the Main Referee.
- **During the race:**
 - give information about the race (race incidents, penalties ...) to the athletes.
- **After the race:**
 - make sure the connection is established between the athletes, the referent Technical Delegate and the Main Referee.
 - fill a claim on behalf of the team, with respect of the deadlines and rules organised by the Sporting Regulations.

The coach will exclusively have access to:

- the transition zone,
- the material assistance zone,
- the final drink and food supplies zone.

Using electronical devices or voice amplifiers in order to communicate with the athletes is strictly forbidden.



Official ceremonies will take place within 15 minutes after the arrival of the last female contestant on the individual, and 15 minutes after the arrival of the last team on the relay.

Will be awarded:

- Individual race : the three first contestants female and male, for each category.

No one will be allowed to get on the podium with the athletes.



BAG ZONE :

- Only race stuff is allowed in transition area.
- During the races, your athlete's personal belongings can be placed in a dedicated tent, that will be situated in the athlete's lounge.

The association hasn't hired anyone to look after these belongings.

USEFUL LINKS



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Find any information about the race on the organiser's website:

<http://isf-wsc-triathlon.fr/>

ISF WSC Triathlon facebook page:

<https://www.facebook.com/ISFWSCtriathlon/>

ISF website:

<http://www.isfsports.org/>

ISF twitter account:

<https://twitter.com/ISFsports>



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