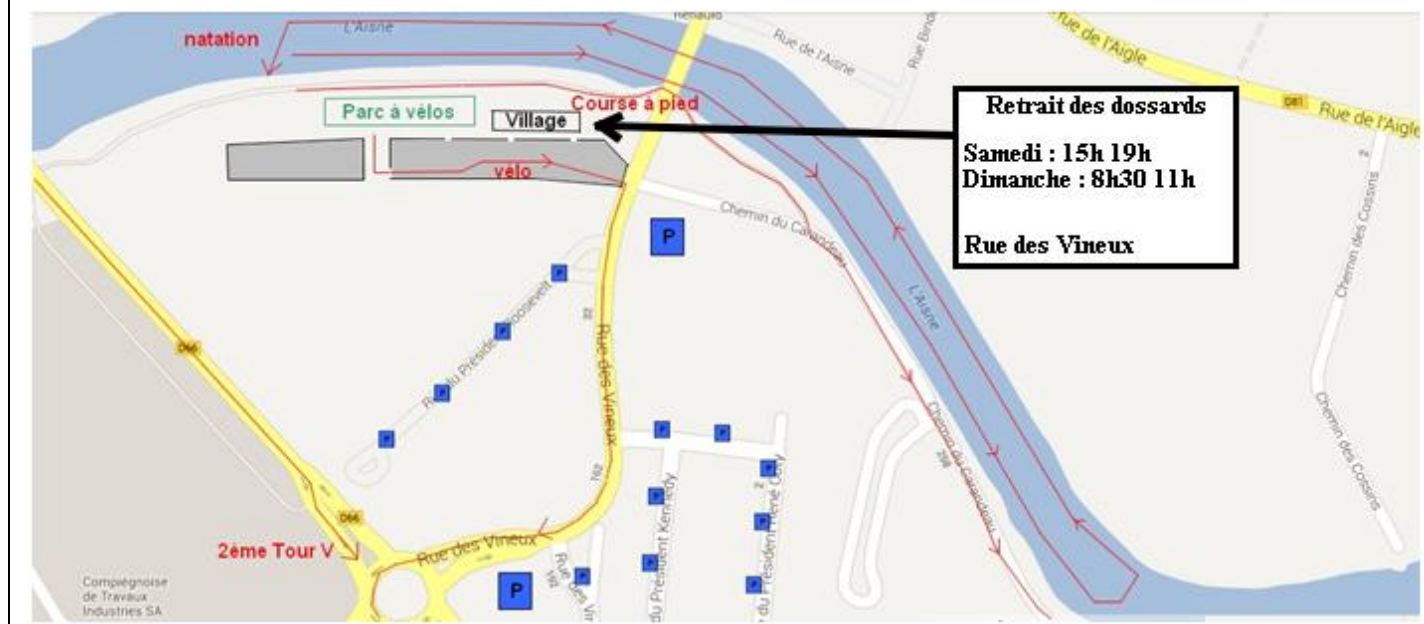


INFOGRAPHIE



NATATION



VELO

The map shows a cycling route starting from Choisy-au-Bac, heading north through Montmacq, Tracy-le-Mont, and Moreuil, then south through Saint-Crépin-aux-Bois, Berneuil-sur-Aisne, and Attichy, before returning to Choisy-au-Bac. The route is marked with a red line and includes two designated refueling stops: 'Ravitaillement 2e tour' near Saint-Crépin-aux-Bois and 'Ravitaillement 1er et 2e tour' near Attichy. A central box indicates the total distance is 90km and it consists of 2 laps. The map also shows various roads (D15, D16, D165, D66, D81, D847, D335, E46, N31) and nearby towns like Thourotte, Le Plessis-Brion, and Rethondes.

COURSE A PIED

The map shows a red line representing a 21km foot race course consisting of 3 loops. The course starts at 'Demi T' near 'CHOISY-AU-BAC', follows the 'Rue de l'Aigle' (D81) and 'Rue Victor Hugo' (D81), then turns south along the 'L'Aisne' river. It passes 'Eponges' and 'Chouchous', then turns west along the 'Av. du Francport' (D546) and 'Rue de l'Aigle' (D81) back to the start. A central white box with a red border contains the text '21km' and '3 boucles'. Other labels include 'Ravitaillage' (refueling) near Chouchous, 'Clairière de l'Armistice', and 'LE FRANCPORT'. Road numbers D81, D130, D546, and N1031 are also visible.